MINISTRY OF EDUCATION AND SCIENCE OF UKRAINE

SUMY NATIONAL AGRARIAN UNIVERSITY

Approved:

By order of the rector of the SNAU№ №\_\_\_\_\_\_\_\_ from \_\_\_\_\_\_\_\_**2018**

Instruction No. 1

on life safety for participants of the ducational process while vacation.

1. General provisions.

1.1. The Instruction applies to participants of the educational process during their stay on vacation.

1.2.The Instruction is developed in accordance with the "Regulations on the organization of work on labor protection of participants in the educational process", approved by the Order of the Ministry of Education and Science of Ukraine dated 01.08.2001 No. 563, "Traffic Rules of Ukraine", approved by the Resolution of the Cabinet of Ministers of Ukraine dated 10.10.2001 No. 1306, "Fire Safety Rules for institutions, institutions and organizations of the educational system of Ukraine", approved by the Order of the Ministry of Education and Science of Ukraine, the Ministry of Internal Affairs of Ukraine, the Main Directorate of State Fire Protection dated 30.08.2016 No. 974.

1.3. All participants of the educational process should know the rules of first aid (premedical) in case of typical injuries, have the necessary knowledge and skills to use medicines.

2. Life safety requirements before the start of the holidays.

1. In case of vacation extension, call the dean's office, curator or academic group head on the last day of the specified terms to determine the new vacation period.
2. It is necessary to familiarize yourself with the plan of mass events at the university during the holidays, to take an active part in the planned events.
3. In case of impossibility for valid reasons or family circumstances to participate in the planned activities during the holidays or to start classes in time after the holidays, students must notify the dean's office or group supervisor in advance, providing a statement or medical certificate explaining the reason.

* - Life safety requirements during the holidays.

1. During the holidays, while being on the street and becoming a participant in road traffic, follow the rules of the road:

- walk on sidewalks and pedestrian paths, keeping to the right side, carefully on slippery roads, especially during icy conditions. Shoes should be comfortable and heels should be low;

- Outside of settlements, walking along the roadside or edge of the roadway, walk towards the traffic;

- cross the roadway only on pedestrian crossings, in particular

underground and ground, and in the absence of them - at intersections along the lines of sidewalks or roadsides;

- in places with regulated traffic, follow only the signals of a traffic controller or traffic lights;

- when stepping out onto the roadway from behind vehicles, make sure that other vehicles are not approaching, be careful and cautious when

listening to music through headphones and wearing hooded clothing;

- wait for the vehicle only on landing platforms (stops), sidewalks, roadsides, without creating obstacles to traffic;

- at tram stops not equipped with boarding platforms, you can

cross the roadway only from the door side and only after the tram has stopped;

- if a vehicle with flashing red or blue lights or a special sound signal is approaching, you should refrain from crossing the roadway or leave it immediately;

- it is prohibited to run out onto the roadway, play games on or near it, or cross the roadway outside of a pedestrian crossing or designated places;

- to prevent accidents, it is prohibited to ride sledges, skates, skis (other winter entertainment devices) on the roadway, as well as to ride down hills with access to the roadway;

- to prevent injury, you can skate only in specially designated places;

- when using a vehicle, you must sit or stand only in the places designated for this purpose, holding the handrail or other device.

2. During the holidays, while staying at home, in a dormitory, on the street, in specialized institutions, premises, transport, you must comply with fire safety rules:

- do not take flammable objects that can cause a fire (firecrackers, sparklers, fireworks, flammable substances, etc.)

- use a gas stove only with a specialized electrical appliance for switching it on;

- it is prohibited to use blinds on windows to darken the premises and use combustible materials; store gasoline, kerosene and other flammable liquids, bring them indoors;

never take any unfamiliar or strange household appliances on the street or elsewhere, or plug them into an outlet at home or in other institutions - this may lead to an explosion and an emergency;

- do not approach electrical appliances and musical equipment that are powered by electricity. Use electrical appliances only with dry hands. In case of detection of broken wires, uninsulated wiring, sparking wiring, inform the hostel manager or the person on duty;

- not to gather near the passages in public institutions, entrances and exits, in the lobby;

- when participating in mass events, do not shout, whistle, run, jump, create traumatic situations in the room, follow fire safety rules;

- in the event of a fire hazard - the presence of fire, sparks, smoke - go outside (out the door, balcony) and call for help. Call the fire department by calling 101, stating your name, surname, and briefly describing the situation: the presence of fire, smoke, the number of people in the room, and your phone number;

- if you smell gas in your apartment or dormitory, do not turn on electrical appliances, do not use a landline or mobile phone, open windows and doors, check the room, turn off the gas stove and leave the room; notify the gas service by calling 104 or 101 and the fire department by stating your name, surname, briefly describing the situation and leaving your phone number.

When celebrating the New Year at home or in other establishments, strictly observe fire safety requirements; do not come to the holiday in clothes made of flammable material that is not impregnated with a fire retardant mixture; do not approach the New Year tree during the celebration, and do not throw any objects at it; do not decorate the Christmas tree with toys, garlands of non-factory or low quality production; do not use open fire during the New Year holidays (torches, candles, fireworks, sparklers, firecrackers, etc.) use arc floodlights, arrange lighting effects with the use of chemical and other substances that can cause fire; install chairs, armchairs, various structures made of plastics and flammable materials, as well as clutter passages and emergency exits with objects; decorations and equipment made of combustible synthetic materials, artificial fabrics and fibers (foam, foam rubber, etc.) cannot be used for decorating the premises.

3. During the holidays, while staying at home, on the street, in specialized institutions, public places, premises, transport, etc., students must strictly follow the rules for the prevention of accidents, injuries, poisoning, etc:

- during the holidays, it is forbidden to be near bodies of water to prevent drowning; it is forbidden to go out on the ice surface of a frozen body of water. A person who has fallen through the ice should be given a rope, a board, or clothing, but should not be approached. If the ice is fragile, you should lie down on it and carry out the rescue operation in the direction from which the person came - in other places, the ice may be more fragile. Slowly, help the person get out of the water, remove wet clothes, warm them up, call for help, take them to a warm room, and

take the victim to a warm room, and take measures to prevent frostbite;

- it is forbidden to approach and stay near construction sites, quarries, abandoned dilapidated buildings to prevent collapse of building materials and prevent injuries and death;

- it is strictly forbidden to use alcohol, drugs, stimulants

avoid eating mushrooms; '

- It is forbidden to pick up, smell, eat unfamiliar wild plants or sprouts of flowers, bushes, trees, which can lead to poisoning;

- move carefully and calmly. When participating in mass events, do not create chaotic movement, do not push, do not shout. On the street, be careful, look at your feet to avoid falling into a hole or an open sewer manhole, or getting injured on ice;

- do not approach broken, sagging wires sticking out on the street, especially if they make a humming noise - such wires can still be energized; do not approach switchboards, do not climb poles with high-voltage wires - you can get an electric shock from high-voltage power lines 5 meters away;

- be careful on sports grounds and in recreation parks: first make sure that swings or rides, horizontal bars, and equipment are in good condition, do not swing too much and do not swing others to avoid falling or other injuries;

- do not go to the roof of a high-rise building to prevent a fall from a height;

- Do not approach open windows, lean on railings, or parallel steps to prevent a fall from a height; do not go down into basements or other underground passages - there may be poisonous gas there;

- avoid contact with unfamiliar animals to prevent bites from rabid animals.

4. During the holidays, when communicating on the Internet, remember that communication in chat, VKontakte and other similar sites can be useful, but they can also be dangerous. a significant danger to you. Therefore, in order to protect yourself from trouble, you should always remember the simple rules of safe behavior during a conversation with strangers or new friends you met online, not in real life. \*

When communicating online, for your own safety, never

* give out your name, home address, cell phone number, home phone number, or any other information;
* do not post photos of yourself naked or in your underwear or pajamas; and do not send photos of yourself to anyone by e-mail or regular mail;
* do not share your password to your website.
* do not tell anyone that you are home alone;
* do not say that you are alone in front of the computer. Instead, say that it is time for your parents to come to your room;
* do not discuss topics that are unpleasant or embarrassing to you;
* You do not have to show your virtual friend your body or any parts of it in front of the webcam, or do anything you do not like.
* You do not have to answer questions about your personal life or your body. Remember, your body is yours alone and no one has the right to talk to you about it!
* do not talk too much about your friends, acquaintances and family, especially not to give away their secrets;
* do not send by mail or give your personal belongings to the person you are chatting with online;
* when registering for a Chat, never fill in the fields that require your name, mobile and home phone numbers, and home address. If these fields are required, it is better to invent your own name, address and phone number. This is for your safety. In general, for registration in Chat, VKontakte and other similar sites, create a separate e-mail account for yourself;
* on VKontakte and similar sites, restrict access to your pages for people you don't know. Only add people you know well in real life to your friends list.

5. During the holidays, students must follow the rules of life safety while staying at home, in the dormitory, on the street, in public places, at friends' houses, at youth discos, in confined spaces with strangers, and the rules for preventing offenses and violence:

Do not talk to or have contact with strangers, never hand over valuables or house keys to them, even if they say they are police officers. You should immediately call for help and quickly go to people;

do not approach cars with strangers, even if they ask for directions. It is better to answer that you do not know and quickly walk away;

stay away from those who start fights, do not participate in adult disputes and do not provoke aggressive behavior with words or actions that could lead to a fight or injury; behave tolerantly in relations with others;

do not enter an entrance or elevator with strangers; immediately call for help if a stranger

for help if a stranger provokes any actions against you. Be attentive, look around and check if anyone is following you when walking through alleys, underpasses, between buildings and tunnels. If someone is following you, stop and step aside so that the potential stalker can pass you by;

while at a disco, you should follow the general rules of etiquette and norms of behavior, not provoke others to aggressive behavior with movements and words. In the event of a dangerous situation, contact the security service of the institution, call the police by calling 102;

not to take actions that may lead to offenses. Minors in criminal law are persons under the age of 18. For crimes committed after the age of 14, minors are subject to criminal liability; imprisonment of a minor may be for a term not exceeding 10 years; the most severe compulsory educational measure is placement in special educational institutions, which is carried out compulsorily, regardless of the desire of the minor or his or her parents;

All-Ukrainian hotlines to support children and youth in Ukraine: All-Ukrainian line "Trust Phone" - 800-500-21-80, national hotline for the prevention of violence against children and protection of children's rights - 500-500-33-50 (calls within Ukraine are free).

6. During the holidays, follow the rules for preventing influenza, infectious and intestinal diseases, etc:

- If you feel unwell, do not leave the house in order not to infect other people, call

- Provide the patient with a separate bed, dishes, and linen;

- keep the room constantly ventilated;

- in case of contact with the patient, wear a gauze mask; - the patient should observe bed rest

- take preventive measures: eat honey, raspberries, onions, garlic- strictly

- follow the doctor's recommendations; '

- wash hands with soap and water before eating;

- ' - do not eat dirty vegetables and fruits, wash and scald them thoroughly;

- do not take any medicines or drugs that are not recommended by your doctor;

- if you feel unwell and no one is around, call an ambulance by calling 103, describing your condition, giving your phone number, home address, surname, name, and call your parents

- Life safety requirements in the event of an emergency or emergency.

- Do not panic, do not shout, do not fuss, clearly and calmly follow the instructions of law enforcement officials.

- Call your parents, briefly describe the situation, and inform them of your whereabouts.

- If the situation is out of control, call the emergency services by phone: 101 - fire department; 102 - police; 103 - ambulance; 104 - gas service, briefly describe the situation, give the address where the emergency occurred, and your name and phone number.

- If possible, leave the dangerous area.

**He developed the instruction:**

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